



www.heidilund.com

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Gathering of Leaves (a best seller!)

1 or 2 day workshop

As seen on Quilting Arts TV, the cover of Quilting Arts '07 calendar and published in Sulky's Supplement Stabilizer and Quilting Arts Book: Heidi will lead you in the discovery of dimensional leaves. Start by preparing your background fabric and then move on to creating 3-D leaf components using all different types of fabrics and threads. Next we will compose an art quilt using leaves, fibers, beads and buttons. This class is for the intermediate sewer who is comfortable with free motion techniques on their sewing machine. Much of the Process work is done in class and the final composition may be completed at home if time does not allow.

Note Class kits are available for \$50.00

Fused Floral Freeform Applique (NEW!)

1 or 2 day workshop

Create a beautiful and even whimsy art quilt using a free form applique' technique. Heidi will provide you with a multiple petal flower and leaf shapes to use as your pattern. You will work on a 12"x 18" background of your choice. Class incorporates many free motion stitching techniques as well. See samples of the fused applique quilts in the www.heidilund.com quilt gallery. This class is for the beginner to intermediate sewer who is comfortable with free-motion techniques. Darning foot or free-motion quilting foot required.

Note Class kits including patterns are available for \$50.00

Seascape Wallhanging (a best seller!)

1 or 2 day workshop

Have you seen the wonderful sea life garments and quilts that Heidi creates? Let her help you with a vision of an underwater paradise. You will create dimensional wall hanging in which you will make kelp, seaweed and anemones from fabric, fibers, yarns, thread and water soluble stabilizer. You will then learn techniques for the addition of beads, buttons, charms and felt. See her featured underwater block from the 2004 Quilting Arts Calendar. Darning foot or free-motion quilting foot required. ***Note*** This class is for the beginner to intermediate sewer who is comfortable with free-motion techniques. Much of the Process work is done in class and the final composition is completed at home. ***Note*** Class kits are available for \$50.00.

Embellishments Galore (a best seller!)

1 or 2 day workshop

Are you yearning to learn how to add dimension and sparkle to your quilts and wearables? Come join our Bernina Fashion Show Designer, Heidi Lund for a day of glitz and fun. Be prepared to learn machine and hand work. You'll work on 10x10 sample squares using, fibers, buttons, beads, tulle, felt, ultra suede, silk ribbon, fabric scraps and crinkled shapes to achieve the embellishment you desire. Heidi will lead you through a step a step process of layering these techniques for one of a kind works of art. This is a class for all levels of sewers.

Note class kits are available for \$30.00.

Beading on Fabric (New!)

1 day workshop

Have you been wanting to learn techniques to apply beads to your quilts and wearables? Come join Bernina Fashion Show Designer, Heidi Lund for a day of glitz and fun. Be prepared to learn machine and hand work. You'll work on two 12x12 pieces using, fibers, buttons, beads to achieve the embellishment you desire. Heidi will lead you through a step by step process of layering these techniques for one of a kind works of art. This is a class for all levels of sewers. ***Note*** class kits are available for \$25.00.

Freeform Fabric Collage Quilt

1 or 2 day workshop

Fabric Collage and Naturescapes are all the rage in quilting right now. Want to make an underwater scene, a mountain scape or a bushel of flowers? Come and learn fun and innovative fabric collage using raw edge and free motion stitching techniques. Let Heidi Lund help you free up your creative juices. Your art will come alive with color, design and collage in this exciting class. Whether you like animals, flowers, fish, holidays, theme prints or leaves, this fabric collage method is for you. This is a class for those comfortable with free-motion sewing techniques. Darning foot or free-motion quilting foot required. ***Note*** Reference book for class is: The Art of Fabric Collage, by Rosemary Eichorn. This class is for the beginner to advanced sewer who is comfortable with free-motion techniques. Class kits avail for \$50.00

3-Dimensional Flowers and Shapes**1 day workshop**

Have you seen Heidi's "Forest of Flowers" vest or are you itching to try your hand at 3-dimensional flowers? Learn how to create some wonderful 3-dimensional shapes for use on your quilts, wall hangings and wearables. Bring your sewing machine, a fat quarter pack or 4x4 and larger scraps of fabric. Heidi will help you make templates and lead you through some of these marvelous designs.

Note If you don't have a sewing machine, come anyway and you can learn to do the techniques by hand. This is a class for all levels of sewers.

Surface Design for Art Quilts(NEW!)**1 and 2 day workshops**

Do you love the look of painted, stamped or crinkled backgrounds? Do you want a new surface design to attach your embellishments to? Let Heidi teach you some of the ways that she starts her art quilts and wearables. Come and learn this fun and innovative way to stretch your creativity by stamping, stenciling, painting, frosting and texturing your backgrounds. This is also a great way to make whole cloth fabrics. This class is designed for any skill level.

Note Additional kit fee of \$25.00 per student is charged to cover the cost of table and floor coverings, Lumiere, Golden and all acrylic paints, Gesso. Charge also covers students personal kits that include eraser's for stamp carving, print block supplies, foam stamps, stencil, sequin waste, brushes, contact & freezer paper. Kauffman Kona Cotton and Pimatex Cotton fabric are available for sale at \$7.00yard.

Fusion of Fabric, Paint, Stitching & Embellishment**1 or 2 day workshop**

Do you want to take a step outside the box for a one of a kind dimensional Art Quilt. Student's will combine Kauffman Kona Cotton Fabric, Gesso, Acrylic Paints and water for a one of a kind piece art of fabric. Then, will create another small fused art quilt for placement on top. Once free motion stitched your piece will come alive with dimensional embellishment. Let Heidi Lund help you free up your creative juices by learning these fun and innovative techniques. Sewing machine is required for second half of class.

Freeform Machine Threadplay**1 day workshop**

This is a great class to learn how to do freeform machine work. Heidi will share some of her methods on how she's created some of her award winning garments and quilts. You'll learn secrets of successful stabilizing, free motion and grid quilting, stippling and continuous curve threadwork. **You must have a sewing machine in good working order and be familiar with its operation. Best if machine has feed dogs that can be lowered into a free motion setting. Darning foot or free-motion quilting foot required. This is a class for all levels of sewers.

Note Class kits are available for \$25.00 and include batting, fabrics, threads and stabilizers.

Low Water Immersion Fabric Dyeing**1 day workshop**

Have you ever wanted to try your hand at fabric dyeing? Come and learn this fun and innovative way to dye fabrics. We will be using small recyclable containers and zippered freezer baggies to dye fabric in. You will learn gradation and parfait style dyeing techniques. The results are truly amazing with much success on a first time basis. Once you see the hand dyed results you will be hooked! This class is designed for any skill level.

Note Additional kit fee is \$20.00 per student is charged to cover the cost of procion dyes, baggies, table and floor coverings, gloves, stirring and measuring implements and synthropol. Pimatex PFD and Kona PFD cotton are available for sale at \$7.00 per yard.

Lecture/Trunk Show to Guilds, Workshops or Luncheons 1 to 1.5 hour

Lectures and Trunk Show content are put together at the request of the attendees. Some are strictly Wearables, where others are Wearables and Art quilts. An option includes the use of slides for close up of techniques and embellishments. A question and answer time is always left at the end so that other artists can indulge themselves to ask just about anything they want. Heidi always brings many samples of her work and a few magazines and books that feature her work, as well as embellishments for sale.